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Reflexology - please tread carefully!

Reflexology may be combined with other therapies such as colour therapy, aromatherapy, homeopathy, Wills P. Reflexology and Colour Therapy. Element, 1998

Combining colour therapy & reflexology

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Color Therapy. All things manifest in the Universe have vibrations-energy. Each cell, organ, muscle and bone in the human body vibrates to a set frequency.

Color reflexology: for health & healing: pauline

Pauline Wills runs a thriving practice in reflexology and colour therapy in London. She also runs the Oracle School of Colour and provides talks and workshops

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