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# **The Reflexology And Colour Therapy Workbook: Combining The Healing Benefits Of Two Complementary Therapies (Health Workbooks) By Pauline Wills**

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Color Therapy - Information on Color Therapy including what it is, how it works, the benefits of color therapy and what to expect during your first color therapy session.

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### **Color reflexology: for health & healing: pauline**

Pauline Wills runs a thriving practice in reflexology and colour therapy in London. She also runs the Oracle School of Colour and provides talks and workshops

### **Reflexology - please tread carefully!**

Reflexology may be combined with other therapies such as colour therapy, aromatherapy, homeopathy, Wills P. Reflexology and Colour Therapy. Element, 1998

### **Pauline wills (author of the reflexology manual)**

Pauline Wills is the author of The Reflexology Combining the Healing Benefits of Two Complementary Therapies Colour Therapy: The Use of Colour for Health

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### **Books by pauline wills (author of the reflexology**

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### **Colour therapy, color therapy - natural therapy**

Used to treat both physical and emotional problems Colour Therapy may involve exposure to coloured lights, massage using colour-saturated oils, contemplating and

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