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Catherine wikholm | the guardian

Catherine Wikholm works in NHS mental health services and is studying clinical She is the co-author of *The Buddha Pill: Can Meditation Change You?* alongside Dr

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About - catherine wikholm

Catherine Wikholm read Philosophy and Theology at St Peter *The Buddha Pill: Can Meditation Change You?* examining the science and myths about the effects

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The Buddha Pill: Can meditation change you?, which he co-wrote with Dr. Catherine Wikholm.

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Kaiyum analyses the alleged scientific conclusions and hype about a new book, The Buddha Pill.

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The Buddha Pill: Can Meditation Change You? by Catherine Wikholm Catherine Wikholm read Philosophy and Theology at Oxford University before going on to do a

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The Buddha Pill Can Meditation Change You? Catherine Wikholm is studying for a doctorate in Clinical Psychology and has been employed by the prison service as a

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