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Henriette kress (author of practical herbs)

Henriette Kress is the author of Practical Herbs (4.55 avg rating, 11 ratings, 1 review, published 2011)

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Henriette's herbal is one of the oldest and largest herbal medicine sites on the net. It's been online since 1995, and is run by Henriette Kress, a herbalist in

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Henriette kress: practical herbalism -

Henriette Kress is a clinical herbalist and author from Helsinki, Finland. She is author of two herbal books, Practical Herbs 1 and Practical Herbs 2.

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If you're interested in healing with herbs, this is the book to start from. Henriette Kress is a well-known Finnish herbalist who maintains Henriette's

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