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so it s good to include it in your dessert choices as well as your cooking. They are using Enjoy Life chocolate chips, Paleo No Bake Oatmeal Cookies

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No-bake but just as delicious! From Louise at Paleo Recipes: No-Bake Apple Pie. so many Paleo desserts are filled with added sugar in some form or

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No-bake cookies are a quick and easy dessert usually consisting of oatmeal and refined sugar. This recipe uses coconut as the main ingredient and uses honey

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Ben Plus Publishing is the author of KetoCook (3.47 avg rating, 15 ratings, 1 review, published 2014), No-Cook Paleo! - Lunch and Smoothie Recipes (3.60 register;

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